

# Orphan Disease Center

Fostering Therapeutic Development and Innovative Research Initiatives

# Welcome to the first issue of the Orphan Disease Center Newsletter!

The Orphan Disease Center (ODC) was created to accelerate and expand upon the orphan disease research activities already underway in our community. Building on the legacy of translational research at Penn, the ODC



James M. Wilson, MD, PhD

focuses on the development of novel treatments for rare diseases. Our success is predicated on three basic principles: innovation, partnership and execution. Therapies based on small molecules and gene therapy vectors developed in Penn laboratories are showing tremendous promise in the clinic.

I am honored to have served as the ODC director for the past two years, as it gives me the privilege of bearing witness to a transformation process in the diagnosis and treatment of rare diseases. This is only the beginning of a revolution in the practice of medicine that will play out in the laboratories and clinics at Penn. We are proud to share a small portion of that work with you in this newsletter.

Sincerely,

J Wikan

### Our Mission

Orphan diseases represent a collection of disorders that affect fewer than 200,000 individuals for any single disease type, yet there are more than 7,000 distinct orphan diseases. In the aggregate, more than 25 million people in the United States suffer substantial morbidity and mortality from orphan diseases. Despite this huge number, research in most disease types has lagged far behind other major areas due to a combination of technological and funding limitations.

The Orphan Disease Center will develop **transformative** therapies through use of **platform** technologies and development of research strategies that can be deployed across multiple rare diseases. We will emphasize disorders with substantial **unmet need**, independent of their incidence and will strive to assure **access** to patients of all populations.

WHAT IS AN Orphan Disease?

An orphan (rare) disease is defined in the United States as one that

Affects fewer than 200,000 people



About 50% affected are children and about 30% of them will only live to be 5 years of age.

05% of all rare diseases do not have an FDA approved drug treatment.



There are approximately **7,000** different rare diseases, affecting **350** million people worldwide and **30** million in the United States alone (that's 1 in 10 Americans).

## **Orphan Disease Center Groundbreaking Achievements and Milestones**

Penn scientists from the ODC have made huge strides toward our goal of treating and potentially curing rare diseases. The team is delighted to share with you some of these accomplishments:

- 1. Jean Bennett, MD, PhD and Al Maguire, MD from the Center for Advanced Retinal and Ocular Therapeutics continue their pioneering work on gene therapy for inherited blindness. In collaboration with a local biotechnology company called SPARK Therapeutics, they have advanced a gene therapy trial for the treatment of a form of congenital blindness into phase III, which is likely to be the first FDA-approved gene therapy in the United States.
- 2. Gene therapy vectors discovered in the laboratory of **James Wilson, MD, PhD** have become the industry standard for in vivo gene therapy for rare diseases. This technology has been licensed to more than 10 companies and is in research and development in 28 diseases. Some spectacular results have already been achieved in patients with hemophilia B and spinal muscular atrophy.
- 3. Dan Rader, MD from the Department of Genetics has developed a number of novel treatments for rare, inherited forms of hypercholesterolemia. His group developed the preclinical and clinical proof-of-concept data for a small molecule drug, lomitapide, which received FDA approval for treating these orphan diseases. Dr. Rader will soon be enrolling patients with this same disease in a clinical trial based on permanent correction of the disease using gene therapy.

#### 2017 MILLION DOLLAR BIKE RIDE





#### **REGISTERED TEAMS**

PITT HOPKINS PEDALERS TEAM CASTLEMAN DISEASE

TEAM FARA (FRIEDREICH'S ATAXIA) **BIKE 4 SIGHT (RETINAL BLINDNESS) TEAM NPC (NIEMANN-PICK TYPE C)** TEAM MPS (MUCOPOLYSACCHARIDOSES) TEAM CURE ML4 (MUCOLIPIDOSIS TYPE IV) STOP ALD FOUNDATION (ADRENOLEUKODYSTROPHY) PENN SCIENTISTS FOR ORPHAN DISEASE RESEARCH RARING TO GO FOR CHI (CONGENITAL HYPERINSULINISM) TEAM LGDA (LYMPHANGIOMATOSIS & GORHAM'S DISEASE) TEAM NTSAD (TAY-SACHS, SANDHOFF, GM1, AND CANAVAN) FIBROUS DYSPLASIA TEAM RASOPATHIES NETWORK RIDERS TEAM CDLK5 RIDING FOR A CURE MILES FOR MILLIE (GLUT1 DEFICIENCY) TEAM SNYDER-ROBINSON SYNDROME MOVIN' FOR MALLORY (CYSTIC FIBROSIS) **TEAM LMI** (LYMPHATIC MALFORMATIONS) **CURE CMD (CONGENITAL MUSCULAR DYSTROPHY)** A-T CHILDREN'S PROJECT (ATAXIA-TELANGIECTASIA) THE EASY BREATHERS (LYMPHANGIOLEIOMYOMATOSIS) TEAM JOSH & THE DCO RIDERS (DYSKERATOSIS CONGENITA) BIKE TO END DUCHENNE (DUCHENNE MUSCULAR DYSTROPHY) APBD TOUR DE FRIENDS (ADULT POLYGLUCOSAN BODY DISEASE)

NBIA DISORDERS (NEURODEGENERATION WITH BRAIN IRON ACCUMULATION)

ALL REGISTRANTS RECEIVE A COMPLIMENTARY T-SHIRT ALL FUNDRAISERS RECEIVE A COMPLIMENTARY JERSEY

#### **ODC Grant Programs**



**50+** institutions





### **ODC Programs**

#### **Programs of Excellence**

Based on the existing strengths within the Penn and CHOP communities, we have identified eight Programs of Excellence for the Center. Each program is designed to further the mission of the ODC, and we anticipate that more programs will be added as the Center evolves.

- Inherited Blindness
- Liver Metabolic Disorders
- Neurologic and Muscle Diseases
- Lysosomal Storage and Related Diseases
- Pulmonary Diseases
- Mucopolysaccharidoses
- CDKL5 Deficiency
- Motor Neuron Diseases

#### **Symposia**

The ODC hosts several scientific symposia throughout the year focused on different areas of rare disease research and therapy, bringing together key opinion leaders from academia, patient foundations and the pharmaceutical industry. Since 2015, the ODC has hosted symposia on the following:

- Castleman Disease
- Cystic Fibrosis
- Lymphangioleiomyomatosis
- Duchenne Muscular Dystrophy
- Crigler-Najjar Syndrome
- Spinal Muscular Atrophy
- Angelman Syndrome

#### **Grant Programs**

The ODC proudly supports five pilot grant programs in the following areas:

- Mucopolysaccharidosis I
- Million Dollar Bike Ride (27 diseases)
- High-Throughput Screening Core
- CDKL5 Deficiency
- Genome Editing

## **Patient Spotlight: On the Other Side of Fear Is Joy**



"Having Sickle Cell Anemia has taught me not to be afraid. It has taught me that on the other side of fear is joy. There's nothing but complete bliss after you get over your fear." — lesha

"It's like a huge giant is squeezing you and just before you pop, he lets go," lesha says, describing the pain associated with having Sickle Cell Anemia (SCD). "And then he grabs you again and squeezes harder. You can't move; you don't want to even breathe because these actions will make everything worse. You're at the whim of this giant as he squeezes you and squeezes you."

This level of pain, called a "sickle cell crisis," sends lesha straight to an extended stay at the hospital, where her doctors work to bring her pain back to a manageable level.

Still, despite these regular bouts with tremendous pain, lesha says that she thinks of herself as a "blessed" individual when it comes to having SCD.

"I'm only in the hospital once or twice a year," she explains. "Other people are hospitalized much more often."

Having lived with this disease her whole life, lesha is level-headed and practical about how she deals with the debilitation brought on by a crisis. "I know what I need to be comfortable," she says. "I always have to have my blanket, my laptop, my heat pack and my books from school. I'm immediately in communication with my professors to let them know I'm in the hospital. Some of them don't like for me to do work then, but I try to get done what I can." Now in her senior year at Southern Connecticut State University studying political science, lesha says that her experience of balancing her condition with being a student has been mostly a positive one—unlike her childhood. where things were much more challenging.

"Elementary school and high school were really hard," she says, looking down at her hands folded neatly in her lap. As a child, lesha stood out as being different from the other kids. "I couldn't participate in gym because I was short of breath. No one wanted me on their team," she recalls. "It was not a nice feeling. The kids didn't understand why I was always missing school. But I kept my condition a secret, because I didn't want them to judge me." lesha has an older brother who also has SCD, but they both kept the disease very private and shared the weight of it only with immediate family, most particularly their mother. "My mom was always with me," lesha says. "It was often just me and her in the hospital." Her eyes fill with tears, remembering. "Times when I almost died, and my mom was right there, but no one else. That means something to me."

Then, when lesha was 15, one of her nurses started an SCD support group for teens. Meeting others with her condition was a huge turning point for lesha. "For the first time, I met other people like me. They shared how their friends knew about their condition, their school knew. And I was like WHAT? Everyone KNOWS? I was shocked. I didn't realize that this disease was something that people might..." She pauses, looking for words, moving her hand to her heart. "A disease that people might come toward. I thought it was just something that people pushed away."

#### **ODC Steering Committee**

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#### **Orphan Disease Center Staff**

#### James M. Wilson, MD, PhD

Rose H. Weiss Professor and Director, Orphan Disease Center Professor of Medicine and Pediatrics, University of Pennsylvania wilsonim@upenn.edu

#### Monique R. Molloy

**Executive Director** moniquek@upenn.edu

#### **Samantha Charleston**

Assistant Director scharle@upenn.edu

#### David Fajgenbaum, MD, MBA, MSc

Associate Director, Patient Impact davidfa@upenn.edu

#### Ashley Winslow, PhD

Senior Director, Translational Research awinslow@upenn.edu



Orphan Disease Center 125 S. 31st Street TRL, Suite 1200 Philadelphia, PA 19146

## Saturday, May 20, 2017



Sign up now!

## The Penn Medicine Orphan Disease Center Invites You to the 4th Annual Million Dollar Bike Ride

## 2017 MDBR: Registration is Open!

When? Saturday, May 20, 2017 (Start 7:30 a.m.)

Where? Highline Park (31st St. and Chestnut)

Routes: 13, 34 and 72 mile options

Register: Contact Samantha Charleston

(scharle@upenn.edu) or visit www.milliondollarbikeride.org.



Facebook: The Million Dollar Bike Ride for Orphan Disease Research

Instagram: @MDBRide4Rare

MDBR Website: www.milliondollarbikeride.org

**ODC website:** www.med.upenn.edu/orphandisease/

#### 2016 MDBR In Review







600+ participants





